## In Brief | Mentoring Resources. Issue 2

This is the second in a series of *Mentoring Resources* which will provide you with links to material that may be of interest to you between mentoring sessions. We hope you find them useful!



The second Speaker Event in our 2017 Mentoring series encouraged attendees to be curious and creative about the rapidly changing world. Our host, Yellow Edge's Andrew Simon, set the scene by asking us whether we have been dreaming, as dreaming is a way to be creative, look ahead and see meaning in things. Fast Company has an <u>article</u> on "hacking" your creativity while you sleep – or <u>lucid dreaming</u> – to help with your work performance.



According to <u>a global IBM survey</u> of chief executives, <u>creativity</u> is the most sought-after trait in leaders today. Chief executives believe that — more than rigor, management discipline, integrity or even vision — successfully navigating an increasingly complex world **will require creativity.** Watch Elizabeth Gilbert talk about your elusive, creative genius in this <u>You Tube video</u>. David Kelly, also on You Tube, <u>provides suggestions</u> for how to build your creative confidence.



In her presentation, Deputy Secretary of the Department of the Prime Minister and Cabinet, Elizabeth Kelly paraphrased her Secretary Martin Parkinson's words in his 2016 Address to the Public Service – be curious about the rapidly changing world we live in as it enhances our contributions. In his address, Martin Parkinson spoke of the key leadership challenges for 2017. You can watch the video of Martin's address or read the transcript on our website.



Elizabeth also took that call for change into the mentoring realm by reminding us that the way we did things in the past will not be the way of the future. This includes the idea that mentoring relationships are two-way – not just guidance from mentor to mentee, but trusted relationships between two people where questions, advice, knowledge, and discussion flow back and forth openly. Read this recent Sydney Morning Herald article on **reverse mentoring** here.



Mentoring relationships can be useful for all aspects of our life – not just career or in the workplace. As an article in the <u>Harvard Business Review also puts it</u>, "Mentoring can take many shapes and forms – the key is to find the right kind of advice from the right person at the right time". Another article from HBR titled "<u>Get the Mentoring Equation Right</u>" provides some useful insights into the mentoring relationship.