





In Brief | Mentoring Resources. Issue 1

This is the first in a series of *Mentoring Resources* which will provide you with links to material that may be of interest to you between mentoring sessions. We hope you find them useful!

	<p>The 2017 Mentoring series got off to a great start with the launch at Yellow Edge and Andrew Simon’s thoughtful presentation. Andrew asked the audience to “lift their gaze” and focus on the transformational in the ancient practice of mentoring. He spoke about the reciprocity of the mentor-mentee relationship and the importance of the mentee being open to the new, expressing appreciation and looking for the leadership story.</p>
	<p>The word “mentoring” originates from the Greek word meaning enduring. Mentor was the name of the adviser to Telemachus, the son of Odysseus, appointed to instil wisdom in and give guidance to the young man. Hundreds of years later, making a difference through mentoring remains as powerful today as it was in ancient times. Read more about these ancient figures here.</p>
	<p>TED Talks are influential videos from expert speakers in their field. Here is a great TED talk by Simon Sinek on reciprocity which encourages mentees to take on a mentoring role and vice versa. For mentors, a series of eight short TED Talks on How to be a Good Mentor will support you in guiding mentees to succeed. We’ll provide similar videos in future editions of ‘In Brief’!</p>
	<p>In November 2016 as part of our Secretaries Series, Department of Defence Secretary Dennis Richardson AO acknowledged the mentors who helped shape him as a leader. You can view a complete video of the event or read the transcript of his address. The Mandarin report on the event notes that he never stopped learning from those around him.</p>