



In Brief | Mentoring Resources. Issue 1 2019

This is the first in the 2019 series of *Mentoring Resources* which will provide you with links to material that may be of interest to you between mentoring sessions. We hope you find them useful!



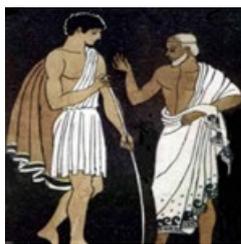
The 2019 Mentoring program got off to a great start on Tuesday 19 March with the launch event at Yellow Edge. We started earlier this year than in 2018 and the good weather meant that there was a solid turnout from enthusiastic mentors and mentees alike. Glenys Beauchamp PSM, Secretary of Dept of Health was keynote presenter and she spoke passionately about the value of mentoring and about her influential mentors as she made her way up the public service ladder.



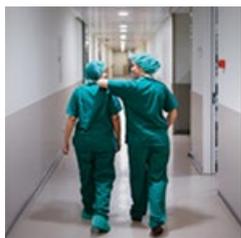
Glenys reminded us that mentoring is part of a suite of relationships that build our capability. To succeed in today's world, we should be very clear about our goals and also be opportunistic and ask for help. You will only get out of mentoring relationship what you put in to it – it's up to you to be proactive and make things happen. See [this recent article by John Gallant on proactive mentoring](#) for more.



The event included a welcome from Yellow Edge CEO and Mentoring Program host Andrew Simon who asked the audience to "lift their gaze" and focus on the transformational in the ancient practice of mentoring. He spoke about the reciprocity of the mentor-mentee relationship and the importance of the mentee being open to the new, expressing appreciation and looking for the leadership story. Read Andrew's [Mentoring in troubled times](#) article on Linked In for more on his ideas.



The word "mentoring" originates from the Greek word meaning enduring. Mentor was the name of the adviser to Telemachus, the son of Odysseus, appointed to instill wisdom in and give guidance to the young man. Hundreds of years later, making a difference through mentoring remains as powerful today as it was in ancient times. Read more about these ancient figures [here](#).



TED Talks are influential videos from expert speakers in their field. Here is a great TED talk by Simon Sinek on [reciprocity](#) which encourages mentees to take on a mentoring role and vice versa. For mentors, a series of eight short TED Talks on [How to be a Good Mentor](#) will support you in guiding mentees to succeed. We'll provide similar videos in future editions of 'In Brief'!

[Take a look](#) into the lives of some of the world's most accomplished people and you soon discover that shared wisdom can make for brilliant careers. People who receive mentoring are better paid and feel more satisfied with both their job and their career progression, according to a 2017 Deloitte report [Turning the Gender Diversity Dial](#).



IPAA ACT CEO Drew Baker spoke about the mechanics of the Mentoring Program, including the touchpoints and program support everyone will receive from IPAA. There is some useful information on our [website](#) including the [Mentoring Guidelines](#).