



**BUILD YOUR CONNECTIONS  
CHALLENGE YOUR THINKING**

# IPAA ACT CONNECT

13 JULY 2022

## WHAT'S ON AT IPAA



### IPAA ACT | 21 JULY 2022

#### SECRETARY VALEDICTORY | PHILIP GAETJENS

As former Secretary of the Department of the Prime Minister and Cabinet, and after an outstanding career contributing to, leading and inspiring the public sector, Philip Gaetjens retired in May 2022. We're honoured to host his Valedictory Address, and hope you can join us. [More >>>](#)



### IPAA SOUTH AUSTRALIA | 4 AUGUST 2022

#### SESSION 1: PANDEMIC RECOVERY – MANAGING STRESS AND BURNOUT

Join IPAA South Australia in the first session of a four-part post-COVID Mental Health Recovery webinar series. This workshop is based on polyvagal theory with activities that allow participants to learn to navigate and change their own personal stress responses, 'hacking' their nervous systems for increased vitality and better, more intentional stress management. [More >>>](#)

## IPAA SURVEY



# IPAA ACT ANNUAL SURVEY



## How can we support your career and professional development?

We'd love your input on the content and delivery of our events, activities and capability programs. Your feedback will inform the development of our programming and help us improve our product and service delivery to the public sector across the ACT.

Opt in to win a ticket to attend the full 2022 IPAA National Conference on 12-14 October at QT Canberra, valued up to \$2,450. The survey closes on **29 July**.

[Click here to answer the survey](#)

## PODCASTS

# WORK WITH PURPOSE

### UPCOMING EPISODES

MONDAY 18 JULY

#### **THE OTHER SIDE OF THE APS**

**Kate Driver** | Deputy Director & General Manager Operations, Questacon

**Rachel Ball** | Exhibition Designer, Questacon

MONDAY 1 AUGUST

#### **DATA AND DIGITAL STRATEGY INTERSECTIONS**

**Gayle Milnes** | National Data Commissioner Designate, Office of the National Data Commissioner

**Chris Fechner** | Chief Executive Officer, Digital Transformation Agency

### LATEST EPISODE

#### **'WHAT MAKES A GREAT FIRST NATIONS PUBLIC SERVANT' WITH PROFESSOR TOM CALMA AO, KATE THOMANN AND GEOFF RICHARDSON PSM**

In this latest episode, We're joined by Professor Tom Calma AO FFA, Chancellor of the University of Canberra, Kate Thomann, General Manager of Business Development and Employment at Aboriginal Hostels Limited, and Geoff Richardson PSM, First Nations Development Consultant. They share insights from decades of service in the APS, including the push and pull factors for First Nations people in the APS, benefits of public sector careers, dealing with stigma within Indigenous communities of working in the APS, addressing racism. [Listen to the episode >>>](#)

## NEWS AND RESOURCES



### PROFESSOR RENÉE LEON PSM NEW IPAA NATIONAL PRESIDENT

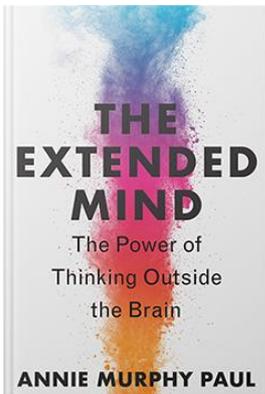
IPAA is delighted to announce Professor Renée Leon PSM FIPAA, Vice-Chancellor and President of Charles Sturt University has taken on the role of IPAA National President effective 1 July 2022, most recently held by Dr Gordon de Brouwer PSM FIPAA. [More >>>](#)



### SCIENTIFIC TIPS FOR RECOVERING FROM STRESS

What actually works when it comes to recovering from stress and burnout? This HBR article explores the “recovery paradox” —when our bodies and minds *need* to recover and reset the most, we’re the least likely and able to *do* something about it — and presents five research-backed strategies for recovering from stress at work. [More >>>](#)

## RECOMMENDED READING



### 'THE EXTENDED MIND: THE POWER OF THINKING OUTSIDE THE BRAIN' BY ANNIE MURPHY PAUL

Author Annie Paul delves into the research behind the human ability to tap into our “extra-neural” resources that can help us focus more intently, comprehend more deeply, and create more imaginatively. She explains how readers can incorporate outside-the-brain thinking into their everyday lives and provides practical advice on how to think better. [More >>>](#)

## IN CASE YOU MISSED IT

### SPIRIT OF SERVICE AWARDS

12 MAY 2022

We're excited to be recording a *Work with Purpose* podcast this week that spotlights Questacon as an atypical commonwealth agency. We're chatting with **Kate Driver**, Deputy Director and General Manager Operations, **David Cannell**, Learning Programs Content Development Leader, and **Rachel Ball**, Exhibition Designer about their focus on creativity, design and innovative thinking that positions Questacon somewhat independently from their APS counterparts.

We spoke with Rachel recently about the phenomenal trophies she designed, and Questacon produced, for our *Spirit of Service Awards* this year. Watch the [video >>>](#)



WE WANT YOUR FEEDBACK.

If there are events, content, speakers and themes you would like on our program, please [reach out](#) and let us know!

## OUR PARTNERS



We acknowledge the Traditional Owners and Custodians of country throughout Australia, and their continuing connection to land, sea and community. We pay our respects to their Elders past, present and emerging.





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